



Agriculture & Natural Resources



Arts, Media & Entertainment



Building Trades & Construction



Education, **Child Development** & Family Services







Fashion & **Interior Design**

Get Focused...Stay Focused! ™ **Progression in Education Model (PEM)**

8th to 9th Grade Summer Bridge:	1	#.E.
Participate in a transition program to prepare for high	school and	/0
the Dual Enrollment Freshman Transition (DEFT) cour	se	Finance &
Learn study skills and expectations for high school		Business
In 9th Grade:	2	
Take the semester-long Dual Enrollment Freshman	۷	
Transition (DEFT) course		
Create an online 10-Year Career & Education Plan		Health Science &
Answer the questions:		Medical Technology
o Who Am I? o What Do I Want?		0,
o How Do I Get It?		
In 10th Grade: Developing Attitudes and	3	- Store
Aptitudes that Promote College & Career Readiness	5	X
Research high-demand careers		Hospitality,
Determine appropriate post-secondary option/pathway	,	Tourism &
 Learn about college access and affordability Continue to envision a productive future through autobic 	ographical	Recreation
writing	Slapincat	Recreation
Update 10-Year Career & Education Plan		
In 11th Grade: Determining Your Informed Major		(B)
and Post-Secondary Education Path	4	
Research STEM-related careers		Information
Reaffirm or change chosen career path		Technology
 Choose a major to match chosen career Find colleges that offer your major 		
Prepare for college applications		ry.
Update 10-Year Career & Education Plan		20 Broken
In 12th Grade: Preparing to Act on Your 10-Year	F	June .
Career and Education Plan	J	Manufacturing &
 Apply to college/post-secondary planning Apply for scholarships and financial aid 		Product Development
Update resume, cover letter, and portfolio		
 Mock Interview and job applications 		Traces
Write a Student Education Plan		- Jacobe
Update 10-Year Career & Education Plan		
End of High School:	6	Marketing, Sales & Service
Preferably graduate with at least 12 college units and po	rtable online	JULES & JEI VILE
10-Year Career & Education Plan	tuble, online	
College Ready: No need for remedial coursework upon er	ntering college	
Enter college/post-secondary training with an informed	declared major	
	7	
End of Community College:		Public Services
Certificate or degree completion and/or transfer to	o a 4-year	
college or university		
Goal for the End of Post-Secondary	8	
Education and Training: • Working in chosen career field		
tronang in chosen career neta		Transportation

Get FOCUSED.™

Initiative Goals for High School Graduates:

- College- and Career-Ready
- Informed Declared Major
- College or Post-Secondary Path
- 10-year Career & Education Plan

In collaboration with local schools and partnership organizations, Santa Barbara City College has developed the *Get Focused...Stay Focused!* TM Initiative to equip students with the knowledge and skills required for success in today's workforce. This initiative is designed to provide every student with the necessary information and experiences to develop college and career readiness skills and to facilitate the development of an online 10-year Career & Education Plan.

Once students complete their online 10-year Plan in 9th grade, targeted classroom-based lessons in 10th, 11th, and 12th grades ensure that students stay focused on their goals. These three, 16-hour modules provide students with a "touch-point" at each grade of high school to help them transition seamlessly to their post-secondary goal. In addition, the module content is aligned with what students need to succeed in life, is in line with the new common core standards, and meets recommendations from the California Community Colleges Student Success Task Force. This intersegmental alignment provides the opportunity for integration of *Get Focused...Stay Focused!* TM curriculum into academic courses.

www.GetFocusedStayFocused.org

For more information, please contact the SBCC Dual Enrollment Office:

Dr. Diane Hollems Dean, Educational Programs hollems@sbcc.edu (805) 683-8281 Dr. Lauren Wintermeyer Dual Enrollment Coordinator lawintermeyer@sbcc.edu (805) 730-3020 Jesus Vega

Student Program Advisor vega@sbcc.edu (805) 730-4759